

A GUIDE TO YOUR

# TERUA

PHOTO EXPERIENCE

2023

TIPS FOR  
YOUR  
PHOTO  
SESSION

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# WHAT TO WEAR



*I am looking forward  
to taking beautiful  
photos of you.*

Hello beautiful

In order for you to prepare for your portrait photo session, here are a few guidelines to help. It is important to have a variety of outfits, to give us a good selection to choose from. The clothing suggestions below is a good starting point to work from, but is merely a visual guide to give you some ideas (we will however not use handbags and shoes in our session). Bring 3-5 changes of clothes. Be creative and choose some items from your cupboard that will make you feel gorgeous. Try and bring different colors, different neck lines and different styles.



## Outfit suggestions

Something...

- Flirty
- Casual
- Colourful
- Touch of sparkle
- Classy

## Some guidelines

- Wear solid coloured clothing, but with a pop of color. Maybe you don't feel like wearing hot pink pants or a dress and that's okay. Instead wear more neutral clothing with a lovely pop of color. Colorful scarves, accessories will work great together.
- Choose muted tones that are a bit subdued.
- Choose similar tones for your top and bottom (both dark or both light).
- **For group portraits**, choose 1-3 colours, ones with similar tones that go nicely together and have everyone work within that colour palette. For example: dark green, navy, and burgundy – all dark jewel tones. OR tan, a lighter olive green, and denims – all lighter, softer tones.
- Choose well-fitted clothes that you feel comfortable in. Make sure clothes are wrinkle-free.
- Look for fun, flowing material. A floor length dress with fabric you can twirl and throw around will almost always make your photographer smile ear to ear and give you photos you LOVE.
- **Accessorize.** Bring all sorts of fun necklaces, pretty bracelets, even a floppy hat. Bring flowers for your hair, a scarf for your shoulders, your favorite jacket. The accessories make the session that much better and so much fun!
- **Shoes:** The nature of glamour portrait photography is such that shoes are rarely in the photographs. So don't stress if you don't have glamorous shoes, we will do the session without!! Unless you really love them, then we will include them in the session.
- **Grooming:** Make sure your nails are clean and nail polish is not peeling off. Your hands will be visible on the photos.



A simple, classic well-tailored **white blouse** is always a wise choice. They look good with all hair colors, all skin colors, and reflect the best light. In general solids are better than patterns. Avoid pastels if you have light skin tone – they can wash you out. If in doubt bring one neutral that is light (think cream, beige or white), one neutral that is dark (think black, brown, gray), and then one bright color option. Deep purples look good on every skin tone. Purple is like neutral gray but with a bit of color. If you have long dark brown or black hair and then wear black, your hair will blend more into the clothing, so you may want to consider a lighter colored top. As we age, lighter colors may be more flattering and fresh than all black as darker colors near face can draw more attention to wrinkles.

Pay attention to the **weather**, make sure at least one of your outfits fits with the current weather. So basically, if it's a lovely sunny, summer's day, make sure you aren't planning on wearing a thick winter's coat - it will just look silly.

## *Make-up:*

- If make-up is included in your package, come to the appointment without make-up.
- Let us know if you have any skin allergies, for us to prepare for your session.
- If you are doing your own make-up, stay away from any shimmering foundation and eye shadows as it will shine in the photographs.

## *Hair:*

- If hair is included in your package, wash hair a day or so before the session, not on the day of the session. Hair can be unmanageable when it is squeaky clean.
- If you are getting a haircut or new hairdo, make your appointment at least 2 weeks prior to your portrait session.
- Short hair can be styled as you would normally style your hair.

*Before photo:* We will take a head-and-shoulder 'before' photo of you standing against a plain light / dark background. For this photo, I would ask no / little make-up, with hair back, away from the face.

If you are still unsure what to wear, please bring anything that makes you feel good and looks good on you.





Self-confidence, a celebration of you.  
A lifetime of memories.  
All women, all ages should do this.

This whole experience will be centered around YOU.  
It should be fun and exciting.

If you want to make one of your five 'outfits' a **themed one**, discuss this with me, and we can finish off with the themed section. This can create a fun, and interesting addition to the rest of the session.

[#existinphotographs](#)

### *A last note*

Posing: Don't worry about posing. It is my job as photographer to make you feel comfortable in front of the camera and guide you in posing.

Get ready to rock this!

Get enough rest: Make sure to drink plenty of water and eat a healthy meal before the shoot to stay energized.

Remember to have fun and relax during the shoot.



*Terua*  
PHOTOGRAPHY

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